



Young Actors Stage

Sing Dance Act

YAS COVID-19 Safety Plan

Overview

Young Actors Stage is dedicated to the philosophy that there is nothing more important than the health and safety of our cast members, staff, volunteers, and families.

The plan outlined below is based on national, state, and city recommendations and requirements. These recommendations depend on community monitoring to prevent COVID-19 from spreading. All decisions will be made in collaboration with local health officials and other authorities, and will depend on the levels of COVID-19 community transmission and the capacities of the local public health and healthcare systems, among other relevant factors.

Implementation of these guidelines will be tailored for each rehearsal setting. Implementation includes training and support for staff and adequate consideration of cast members and family needs.



1. General Measures

- We have established the capacity and registration of cast members that accommodates physical distancing requirements of 6 feet.
- We will divide participants into smaller cohort groups (stable groups) limiting group participation to 25 (not including staff). A cohort is a group of people engaged in some common purpose.
- Detailed training of staff and regular communication and updates will be conducted.
- We will self-check for compliance with safety measures and the process for correcting any safety measures that are not being implemented properly with a regular checklist of protocols.
- We will follow all applicable measures of the Sacramento County Public Health Order.
- We have developed a plan for employees that report positive COVID-19 results.
- We have developed a plan for the possibility of repeated closures due to COVID-19 illnesses.
- We have provided a copy of this plan to all staff, volunteers, parents and guardians, and youth participants. A copy of this plan will be posted at the facility entrance.
- We require all parents, guardians, and youth participants to sign a commitment to abide by the plan requirements prior to being allowed to participate.
- This form outlines the common symptoms of COVID-19.

- COVID-19 Symptoms
- COVID-19 Fact Sheet

2. Staff and Volunteer Health Protocols

- We will train all employees and volunteers on the following
 - Preventions, transmission, and care of COVID-19 illness.
 - Cleaning and disinfecting
 - Hand Hygiene
 - Respiratory etiquette
 - Proper, removal and washing of cloth face coverings
 - Physical distancing
- We will screen employees and volunteers before entering any facility or field for COVID-19 symptoms.
- We will require masks or face coverings.
- We will isolate and request appropriate transportation for those who are sick to their home.
- We will immediately separate staff or patrons with symptoms consistent with COVID-19.
- We will notify emergency contacts or a family member to transport anyone who is sick to their home or a healthcare provider.
- We will clean and disinfect areas used by an ill person.
- We will ensure safe and correct use and storage of EPA approved list of disinfectants, including storing products securely away from children.

- We do not allow employees or volunteers with new or worsening symptoms of COVID-19 to return until:
 - In the case of an individual who was diagnosed with COVID-19, all three of the following criteria are met:
 1. At least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever reducing medications)
 2. The individual has improvement in symptoms (e.g., cough, shortness of breath, etc.) and
 3. At least 10 days have passed since symptoms first appeared; or
 - In the case of an employee or volunteer who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return until they have completed the same three step criteria listed above; if the individual has symptoms that could be COVID-19 and wants to return before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.

3. Facility Health Protocols

- We will frequently clean and disinfect any regularly touched surfaces (equipment, doorknobs, tables, chairs, restrooms, etc.).
- We will follow "California's 6 Steps for Safe and Effective Disinfectant Use" for disinfecting of practice spaces and regular cleaning of high-touch surfaces.
- We will frequently disinfect any items that come into contact with participants.

- We will make hand sanitizer, disinfecting wipes, soap, and water, or similar disinfectant readily available. Place readily visible signage to remind everyone of best hygiene practices.
- Restroom: the facility will post hand washing flyers on doors and in bathrooms that include symptoms of COVID-19.

4. Participant Protocols

- We will screen participants before entering any facility or field for COVID-19 Symptoms.
- We will require masks or face coverings. Some individuals may be exempt from wearing a face covering.
- Parents should ideally drop off kids and pick them up from practice. If parents choose to stay and observe the practice, they may do so from pre-designated areas, while keeping proper distancing from cast members and other parents.
- We have developed a specific plan for drop off and pick up that adheres to social distancing guidelines including not allowing carpooling for unrelated participants from different households, designation of lanes or direction to enter and exit for drop off and pick up.
- Staff will create clean pathways into and out of the facility or field so that cohort youth groups are not coming into contact with other cohort youth groups upon entering or exiting the facility.
- We will avoid hosting activities that promote group (cohort) gatherings greater than 25 cast members, where people from unrelated households will not be able to maintain 6 ft. social distancing.
- We will instruct participants and staff that all recognition protocols involving physical contact such as hugs, high fives, etc. are not allowed. We shall encourage the use of non-contact recognition during practice and drills that meet social distancing guidelines of six feet or greater.

- We require all participants to wash or sanitize their hands before entering the facility. Hand sanitizer shall be available for each cohort youth group throughout the facility.
- We will provide contactless payment or prepayment options whenever possible.
- Participants will handle and care for their own equipment. Staff or volunteers will not be allowed to handle it.
- All facilities and equipment will be washed and pre-sanitized before and after each use.
- Face coverings are required where it is not possible to maintain a distance of at least six feet from others who are not members of the same household or residence. Some individuals may be exempt from wearing a face covering.
- We will stagger drop-off and pickup times to avoid large groups and allow for screening.
- All participant and staff personal items such as bags, cell phones, personal reusable water flasks/bottles and backpacks will only be allowed in the facility or on the field if proper space is maintained between all items.
- All unnecessary equipment will not be available to participants or removed from the facility such as chairs, tables, etc.
- Rehearsal times will be monitored to regulate the number of youth participants at the facility at one time to ensure social distancing between cohort groups.
- Participants with a cohort group may not arrive at the facility until the previous group has completely left.
- Cast members must bring their own snacks, and practice physical distancing when eating or within their smaller group, instead of in a communal area.
- Cast members must bring their own water bottles.

- No seating will be available in the facility and all gathering areas will be closed.
- At no time will the cohort youth groups or the staff assigned to that group be allowed to intermingle or move between groups.
- We will limit the number of participants in the facility at any one time that allows for participants and employees to maintain at least six feet distance from one another at all times.
- Where appropriate, we will prop open doors to the facility and restrooms.
- Only one participant at a time is allowed in the restroom.
- To assist with physical distancing, lines will be installed with six foot marker for staff and participant to maintain safe social distances to enter or exit the facility.
- All staff will be instructed to maintain six feet of distance from participants and from other employees whenever feasible.
- We will sanitize all equipment necessary for rehearsals for each cohort youth group after they are collected and before they are returned to circulation. The minimum equipment necessary will be used for practices and drills.
- We will require hand washing or use of hand sanitizer before allowing participation, directly after participation, and breaks will include hand washing or use of hand sanitizer during the rehearsal.
- Breaks will be organized so that designated cohort groups will not intermingle and social distancing of six feet or greater can be achieved.
- A maximum of 25 participants in the cohort youth group is allowed.
- Designated and separated practice areas and equipment for each cohort youth group will be pre-positioned to maintain safe social distancing.
- All equipment will be placed so that it can be retrieved without touching anything but the equipment.

- Facility staff will monitor participant compliance of this safety plan while they are on the property.
- Participants will be required to dispose of their own trash into no-touch garbage cans. Remove lids if present.
- Only participants and staff will be allowed to attend the rehearsals. Cohort youth groups will not be allowed to mingle or leave the designated area for that group.
- Physical distancing will be enforced by staff.

For Details and Resources:

[Statewide industry guidance](#)

[Sacramento County COVID-19 updates](#)

[COVID-19 Interim Guidance: Day Camps](#)

[CDC-Cleaning and Disinfecting](#)

[EPA 6 Steps for Safe & Effective Disinfectant Use](#)

[CDC Symptoms of COVID-19](#)